Local Health Improvement Plan (LHIP) Update and Community Health Needs Assessment (CHNA) Plans

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Local Health Improvement Plan (LHIP)- Background

- State Health Improvement Process (SHIP) launched in Sept. 2011
- CHAC chosen to serve as Cecil County's Local Health Improvement Coalition (LHIC)
- Local Health Improvement Plan (LHIP) released in Jan. 2012
- Community Health Needs Assessment (CHNA) released in May 2013
- Revised LHIP Work Plans- Spring 2015
- Community Health Needs Assessment (CHNA)- Summer 2015

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Local Health Improvement Plan (LHIP)- Priorities

Priority 1: Prescription Drug Abuse

Priority 2: Access to Mental/Behavioral Health Treatment and Services

Priority 3: Substance Abuse Prevention

Priority 4: Child Abuse Prevention

Priority 5: Childhood Obesity

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Cecil County is meeting MD 2017 Goals for 12 of 38 measures for which county level data is available.

LHIP targets 6 select measures.
Priority 1: Prescription Drug Abuse

Goals & Objectives

- Goal: Reduce incidence of fatal and non-fatal overdoses in Cecil County
  - Raise awareness about consequences of substance abuse, including prescription drugs and other opioids
  - Elevate physician participation in Maryland prescription drug monitoring program (PDMP)
  - Increase community disposal of unused medications, especially prescribed controlled substances
  - Increase overdose prevention education and distribution of emergency overdose response kits with intranasal Naloxone medication
  - Elevate review and consideration of local overdose incidents
Priority 2: Access to Mental/Behavioral Health Treatment and Services
Goal & Objectives

• Goal: Reduce the number of individuals with behavioral health conditions being admitted to the local emergency room
  • Expand the range of services within the continuum of mental/behavioral health care that are available to Cecil County residents
  • Develop strategies to reduce ER visits by identified “high utilizers” with behavioral health conditions

• Goal: Reduce the suicide rate in Cecil County
  • Promote community awareness and education on behavioral health conditions and how to access care
Priority 3: Substance Abuse Prevention
Goal & Objectives

• Goal: Establish an accessible and integrated continuum of substance abuse prevention, intervention and treatment services for the adolescents and their families of Cecil County
  • Raise awareness about consequences of drug use among youth in Cecil County
  • Increase the number of Cecil County youth and families who participate in evidenced-based prevention and early-intervention programs
Priority 4: Child Abuse Prevention
Goal & Objectives

• Goal: Decrease the incidence of child abuse in Cecil County
  • Increase public awareness about child abuse and neglect
  • Increase public awareness about child abuse and neglect prevention resources
  • Educate parents on issues of child development, discipline, and positive parenting skills
  • Educate professionals about child abuse and neglect
  • Increase programming for at risk families
Priority 5: Childhood Obesity
Goal & Objectives

• Goal: Improve nutrition and increase physical activity for youth (children) in Cecil County to reduce the prevalence and incidence of childhood obesity
  • Increase awareness of available youth-oriented physical activities and youth-oriented nutritious foods available in the county
  • Increase motivation for youth to participate appropriate amounts of physical activity and eating healthy on a daily basis
  • Increase youth’s access to physical activities and nutritious foods in each community in Cecil County
Community Health Needs Assessment (CHNA) - Plans

• Purpose:
  • Examination of the health status of Cecil County residents to identify key problems and assets
  • The ultimate goal is to develop strategies to address the community’s health needs and identified issues [Creation of a Community Health Improvement Plan (CHIP)]

• Components:
  • Review of Secondary data sources
  • Community Health Survey
    • Open to all Cecil County residents ages 18 and older
  • Focus Groups
    For special populations who may have trouble accessing the survey

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Community Health Needs Assessment (CHNA)-Timeline of Activities

- July-September 2015: Community Health Survey and Focus Groups
- October- November 2015: Develop CHNA
- January 2016: Present CHNA findings to CHAC
  - 30 day comment period; Revisions based on feedback
- February- March 2016: CHAC to decide on top three priorities for CHIP and create work plans
- March-April 2016: Develop CHIP
  - 30 day comment period; Revisions based on feedback
- June 2016: Publish completed CHNA and CHIP

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Links

- Cecil County Community Health Survey: [https://www.surveymonkey.com/r/CecilCountyCommunityHealthSurvey](https://www.surveymonkey.com/r/CecilCountyCommunityHealthSurvey)
- Cecil County Local Health Improvement Plan (current): [http://www.cecilcountyhealth.org/ccdhxx/pdf/LHIC%20Memo%20Attachment%20Cecil%20County%20Final_2.pdf](http://www.cecilcountyhealth.org/ccdhxx/pdf/LHIC%20Memo%20Attachment%20Cecil%20County%20Final_2.pdf)
- State Health Improvement Process: [http://cecil.md.networkofcare.org/ph/](http://cecil.md.networkofcare.org/ph/)