Behavioral Health Provider List

The attached referral and resource list is composed primarily of mental health and substance abuse outpatient providers located in Cecil County. Inpatient services for mental health and substance abuse treatment located in Cecil County are scarce; therefore, out of county locations have been included.

This document may be found at www.cecilcountyhealth.org, under Addiction Services tab and Mental Health tab.

This list may not be all inclusive, for resources related to mental health or substance abuse. If you would like further information, please contact us at the following numbers:

Mental Health Core Service Agency
410-996-5112

Alcohol and Drug Recovery Center
410-996-5106

For the Cecil County Mobile Crisis Team:
1-888-407-8018

401 Bow Street
Elkton, Maryland 21921
OUTPATIENT MENTAL HEALTH SERVICES

Cecil County Health Department
Telepsychiatry Program-
Dr. Efigenia Geli-Geocadin, M.D. and Dr. Desmond Kaplan, M.D.
401 Bow Street, Elkton, MD 21921
Phone: 410-996-5112
Contact Name: Shana O’Brien
www.cecilcountyhealth.org

Description of Services
The Telepsychiatry program uses video conferencing equipment to link Cecil County residents with a psychiatrist from Sheppard Pratt Health Systems. This service requires a referral from a physician or mental health professional. To participate in medication management through Telepsychiatry, a consumer must also be connected to a therapist locally.

Hours of Operation
Thursdays- 1:00 pm to 3:00 pm BY APPOINTMENT ONLY
Fridays- 8:30 am to 10:30 am BY APPOINTMENT ONLY

Chesapeake Behavioral Health
215 North Street, Suite D, Elkton, MD 21921
David Crone, LLC Phone: 443-207-1809  Fax: 410-398-8678
Donald Crone, LLC Phone: 443-466-7138  Fax: 410-620-8678
Nancy J. Rafert, LCSW-C Phone: 410-398-4222  Fax: 410-398-8678

Description of Services
Chesapeake Behavioral Health provides individual, couples, and family counseling for an array of mental health treatment needs.

Hours of Operation
David Crone- Monday through Saturday evening appointments
Donald Crone- Monday through Thursday: 9:00 am to 8:00 pm
                Friday through Saturday: 9:00 am to 12:00 pm
Nancy Rafert- Monday-Thursday: 10:00 am to 7:00 pm

Specialties
Spiritual Counseling  Depression
Chronic Pain  Cognitive-Behavioral Therapy
Anxiety Disorder  Scheme Focused Therapy
Medical Issues  Play Therapy
Anger Management

Insurance
Medical Assistance
PAC
Uninsured

Licensed Staff
MD Psychiatrist

Age Group
5 yrs. and older
<table>
<thead>
<tr>
<th><strong>Chesapeake Behavioral Health, LLC</strong></th>
<th><strong>Insurance</strong></th>
<th><strong>Licensed Staff</strong></th>
<th><strong>Age Group</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>221-C East Main Street, Rising Sun, MD 21911</td>
<td>Medical Assistance</td>
<td>Clinical Psychologist</td>
<td>18 yrs. and older</td>
</tr>
<tr>
<td>Phone: 410-658-0088</td>
<td>Primary Adult Care (PAC)</td>
<td>Neuropsychologist</td>
<td></td>
</tr>
<tr>
<td>Contact: Jodi French</td>
<td>Commercial Insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Description of Services</strong></td>
<td><strong>Specialties</strong></td>
<td></td>
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</tr>
<tr>
<td>Chesapeake Behavioral Health provides individual and family counseling services with a cognitive-behavioral orientation to treatment.</td>
<td>Neuropsychology, Forensic Psychology</td>
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<tr>
<td><strong>Hours of Operation</strong></td>
<td><strong>Specialties</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evening and Saturdays by appointment only</td>
<td></td>
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</tr>
<tr>
<td><strong>Community Behavioral Health Services Inc.</strong></td>
<td><strong>Insurance</strong></td>
<td><strong>Licensed Staff</strong></td>
<td><strong>Age Group</strong></td>
</tr>
<tr>
<td>109 West Bel Air Avenue, Aberdeen, MD 21001</td>
<td>Medical Assistance</td>
<td>LCSW-C, Marital &amp; Family Therapists, MD Psychiatrist</td>
<td>4 yrs. and older</td>
</tr>
<tr>
<td>Phone: 410-297-2271  Fax: 410-297-2273</td>
<td>Primary Adult Care (PAC)</td>
<td></td>
<td></td>
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<tr>
<td><a href="http://www.communitybehaviorialservices.org">www.communitybehaviorialservices.org</a></td>
<td></td>
<td></td>
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<tr>
<td><strong>Description of Services</strong></td>
<td><strong>Specialties</strong></td>
<td></td>
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<tr>
<td>Key Point is a licensed outpatient mental health clinic that offers individual and family therapy and medication management for adults and children. Additional adult services include PRP (Psychiatric Rehabilitation Program) and RRP (Residential Rehabilitation Program) for adults.</td>
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<tr>
<td><strong>Hours of Operation</strong></td>
<td><strong>Specialties</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday through Friday- 9:00 am to 6:00 pm</td>
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<tr>
<td><strong>Kemether &amp; Associates</strong></td>
<td><strong>Insurance</strong></td>
<td><strong>Licensed Staff</strong></td>
<td><strong>Age Group</strong></td>
</tr>
<tr>
<td>205 East Main Street Elkton, MD 21921</td>
<td>Medical Assistance</td>
<td>LCPC</td>
<td>3 yrs. to 21 yrs.</td>
</tr>
<tr>
<td>Phone: 410-920-2309</td>
<td>Blue Cross/Blue Shield</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Email address: <a href="mailto:kemetherassociates@gmail.com">kemetherassociates@gmail.com</a></td>
<td><em>Sliding Fee</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.kemetherassociatesllc.com">www.kemetherassociatesllc.com</a></td>
<td></td>
<td></td>
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<tr>
<td><strong>Description of Services</strong></td>
<td><strong>Specialties</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individual, Group and Family Therapies, School or home observation-Behavior Modification, Support &amp; Advocacy for IEP’s</td>
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</tr>
<tr>
<td><strong>Hours of Operation</strong></td>
<td><strong>Specialties</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>By Appointment Only</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Key Point Health Services, Inc.  
135 N. Parke Street, Aberdeen, MD 21001  
Phone: 443-625-1600 Fax: 443-625-1520  
www.keypoint.org

Description of Services  
Key Point is a licensed outpatient mental health clinic that offers individual and family therapy and medication management for adults and children. Additional adult services include PRP (Psychiatric Rehabilitation Program) and RRP (Residential Rehabilitation Program) for adults.

Hours of Operation  
Monday, Tuesday, and Wednesday- 8:30 am to 7:00 pm  
Thursday and Friday- 8:30 am to 5:00 pm

R.E.S.E.T., LLC  
16 Commercial Plaza, Suite 174, Elkton, MD 21921  
Phone: 443-822-2446  
www.reset-mylife.net

Description of Services  
R.E.S.E.T. provides individual, family, marital, and pre-marital counseling. Other areas of focus include relationship building, mood stabilization, trauma recovery, and resilience strategies, grief and bereavement, and Anger management.

Specialties  
Clinical Counseling  
Life and Business Coaching  
Business Consulting  
Motivational Speaking

Safe Harbor Christian Counseling, LLC  
206 Mechanics Valley Road, North East, MD 21901 or 290 Whitehall Road, Elkton, MD 21921 or 718 N. Bridge Street, Elkton, MD 21921  
Phone: 410-893-4600 Fax: 410-569-0094  
Contact Name: Eular Murray Gibbs  
www.safeharbor1.com

Description of Services  
Safe Harbor provides individual, couples, and family counseling with a cognitive-behavioral orientation to treatment.

Hours of Operation  
North East location- Monday through Friday: 9:00 am to 5:00 pm  
Elkton location-Thursday: 3:00 pm to 9:00 pm

Insurance  
Medical Assistance  
Medicare  
Primary Adult Care (PAC)  
APS & Tri Care

Age Group  
5 yrs. and older

Insurance  
Medical Assistance  
Commercial Insurance

Licensed Staff  
Sarah Langley, LCPC

Age Group  
Children and Adults

Insurance  
Medical Assistance  
Commercial Insurance

Licensed Staff  
Gail Miller, LCSW-C

Age Group  
18 yrs. and older
Norman Salzberg, Ph.D.
308 Curtis Avenue, Elkton, MD 21921
Phone: 410-392-4255 Fax: 410-392-5922
nsalzberg@comcast.net

Description of Services
Dr. Salzberg provides psychological counseling services to adults, adolescents, couples, and families.

Hours of Operation
Monday through Friday: 10:00 am to 7:00 pm

Specialties
Cognitive Behavioral Therapy
Supportive Therapy
Rogerian Therapy (Person-Centered Therapy)

Outpatient Psychiatry Clinic at Harford Memorial
501 S. Union Street, Havre De Grace, MD 21078 5th floor
Phone: 443-843-8800 Option 2 Fax: 443-843-8023

Description of Services
Sheppard Pratt Physicians provides outpatient psychiatry/medication management services for adults ages 18 and over.

Hours of Operation
Monday through Friday: 8:30 am to 4:00 pm

Insurance
Medicare
Primary Adult Care (PAC)
Commercial Insurance

Licensed Staff
MD Psychiatrists

Age Group
18 yrs. and older

Union Behavioral Health
111 W. High Street, Ste 204, Elkton, MD 21921
Phone: 410-620-0008 Fax: 410-620-1999
Contact Name: Tami Randolph

Description of Services
Union Behavioral Health provides individual counseling services and psychiatric medication management for adults. For children 4 years of age or older, ONLY psychiatric medication management is available.

Hours of Operation
Monday through Friday: 8:30 am to 5:00 pm

Insurance
Medicare
Primary Adult Care (PAC)
Commercial Insurance

Licensed Staff
Priscilla Stevens, MS, LCPC
Min Yu, MD Psychiatrist
Oscar Galvis, MD Psychiatrist
Danuta Olson-Schueller, LCPC

Age Group
4 yrs. and older
Upper Bay Counseling & Support Services Inc.
200 Booth Street, Elkton, MD 21921
Intake: 410-620-7161  Phone: 410-996-5104  Fax: 410-996-5197
www.ubcss.org

Description of Services
Upper Bay Counseling and Support Services, Inc. is a licensed mental health clinic (OMHC) that provides an array of services for children, adolescents, adults, and their families, including individual, group, and family mental health treatment and evaluation, intensive case management, psychiatric rehabilitation programming (PRP), residential treatment for adults, and school based therapy program.

Hours of Operation
Monday- 8:00 am to 5:00 pm  Thursday- 8:00 am to 5:00 pm
Tuesday- 8:00 a.m. to 5:00 pm  Friday- 8:00 am to 3:00 pm
Wednesday- 8:00 am to 8:00 pm

West Cecil Health Center
49 Rock Spring Road, Conowingo, MD 21921
Phone: 410-378-9696  Fax: 410-378-9922
www.westcecilhealth.org

Description of Services
West Cecil Health Center offers primary and preventive healthcare, including mental health evaluation and treatment, with a focus on serving the underinsured and uninsured population. Most commercial insurances and Medical Assistance are also accepted.

Insurance
- Medical Assistance
- Medicare
- Commercial Insurance

Licensed Staff
- Ingrid C. Orinda, M.D., MPH-Psychiatrist
- Pat Balducci LCSW-C

HOSPITAL (INPATIENT) PSYCHIATRIC SERVICES

Meadow Wood Behavioral Health System
575 South DuPont Highway, New Castle, DE 19720
Phone: 302-328-3330  Fax: 302-328-9336
www.meadowwoodhospital.com

Description of Services
Meadow Wood Hospital offers acute psychiatric services, including detoxification and 24 hour free and confidential assessments for adults and adolescents. Specialized services include geriatric unit and partial hospitalization program for adults with co-occurring disorders.

Hours of Operation
24 hours/7 days a week

Insurance
- DE- Medical Assistance
- MD- Medical Assistance (adolescents)
- Commercial Insurance

Licensed Staff
- All

Specialties
- Co-Occurring Disorders
- Geriatric Behavioral Health
- Adolescent 13 yrs+
### Rockford Center Psychiatric Hospital

**Address:**
100 Rockford Drive, Newark, DE 19703

**Phone & Fax:**
Phone: 302-996-5480   Fax: 302-996-0269

**Website:**
www.rockfordcenter.com

**Description of Services**
Rockford Center offers free and confidential assessments 24 hours daily, acute psychiatric care, and partial hospitalization programs for children, adolescents, and adults.

**Hours of Operation**
24 hours/7 days a week

**Insurance**
- Medical Assistance
- Medicare
- Commercial Insurance

**Licensed Staff**
- All

**Specialties**
- Acute Psychiatric Care
- Partial Hospitalization Program
- Geriatric

### Union Hospital of Cecil County

**Address:**
106 Bow Street
Elkton, MD 21921

**Phone & Fax:**
Phone: 410-398-4000   Fax: 410-620-1320

**Website:**
www.uhcc.com

**Description of Services**
Union Hospital offers acute psychiatric stabilization services for adults.

**Hours of Operation**
24 hours/7 days a week

**Insurance**
- Medical Assistance
- Medicare
- Commercial Insurance

**Licensed Staff**
- All

**Age Group**
- 18 yrs. and older

### OUTPATIENT SUBSTANCE ABUSE TREATMENT PROVIDERS

**Alcohol and Drug Recovery Center**

**Address:**
Cecil County Health Department/ADRC
401 Bow Street, Elkton, MD 21921

**Phone & Fax:**
Phone: 410-996-5106   Fax: 410-996-5707

**Website:**
www.cecilcountyhealth.org

**Description of Services**
The Alcohol and Drug Recovery Center provides a comprehensive array of substance abuse prevention, intervention, and treatment services for Cecil County residents.

**Hours of Operation**
Monday through Thursday- 8:00 am to 8:30 pm
Friday- 8:00 am to 5:00 pm

**Specialties**
- Adolescent/Adult Outpatient Treatment Services
- Adolescent /Adult Intensive Outpatient Therapy
- Detention Center Re-Entry Program
- Peer Recovery Advocates

**Insurance**
- Medical Assistance
- Commercial Insurance
- Primary Adult Care (PAC)
- Uninsured

**Licensed Staff**
Donna Runkles, LCADC

**Age Group**
- 12 yrs. and older
<table>
<thead>
<tr>
<th><strong>Haven House Treatment Programs, Inc.</strong></th>
<th><strong>Insurance</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1195 Augustine Herman Highway, Elkton, MD 21921</td>
<td>No Insurance Accepted</td>
</tr>
<tr>
<td>Phone: 410-398-9900   Fax: 410-398-4881</td>
<td>Self Pay</td>
</tr>
</tbody>
</table>

**Description of Services**

- 10 Week Drug Education Program, 10 Week Anger Management Program, 12 hours DUI/Alcohol Education Program, and Outpatient Treatment for Alcohol and Drug Abuse (MVA and ADDAA Certified)

**Hours of Operation**

- Monday through Friday- 9:00 am to 9:00 pm

**Specialties**

- 9 Month Halfway House Treatment Program of Men- Open 24 hrs.

**OUTPATIENT MEDICATION-ASSISTED SUBSTANCE ABUSE TREATMENT PROVIDERS**

<table>
<thead>
<tr>
<th><strong>Elkton Treatment Center</strong></th>
<th><strong>Insurance</strong></th>
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<tbody>
<tr>
<td>212 Blue Ball Avenue, Elkton, MD 21921</td>
<td>Participating MD Medicaid MCO’s</td>
</tr>
<tr>
<td>Phone: 410-620-6077   Fax: 410-620-6081</td>
<td>Commercial Insurance</td>
</tr>
</tbody>
</table>

**Description of Services**

- Specializing in Treatment of Opiate Dependence
- Methadone/ Buprenorphine Provider

**Hours of Operation**

- Monday through Friday- 5:30 am to 12:30 p.m.
- Saturday- 5:30 a.m. to 9:30 a.m.

<table>
<thead>
<tr>
<th><strong>Serenity Health, LLC.</strong></th>
<th><strong>Insurance</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>203 West Pulaski Highway, Elkton, MD 21921</td>
<td>Maryland Medical Assistance MCO’s</td>
</tr>
<tr>
<td>Phone: 443-485-6544   Fax: 443-485-6442</td>
<td></td>
</tr>
</tbody>
</table>

**Description of Services**

- The Alcohol and Drug Recovery Center provides a comprehensive array of substance abuse prevention, intervention, and treatment services for Cecil County residents

**Hours of Operation**

- Monday through Friday- 5:00 am to 11:00 a.m.
- Saturday- 6:00 a.m. to 10:00 a.m.

**Specialties**

- Intensive Outpatient Counseling
- Group Therapy
- Vocational Therapy
- DUl Program
- Employee Assistance Program
- Methadone

**Licensed Staff**

- Certified and Credentialed Addiction Counselors

**Age Group**

- 18 yrs. and older
### PRIMARY CARE PHYSICIANS/ CERTIFIED IN BUPRENORPHINE MANAGEMENT

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Muhammad Afzal</td>
<td>139 West Main Street, Elkton, MD 21921</td>
<td>410-392-8182</td>
<td>*Not currently accepting new patients</td>
</tr>
<tr>
<td>Dr. David Hoffman</td>
<td>16 Commercial Plaza, Elkton, MD 21921</td>
<td>610-255-4466</td>
<td></td>
</tr>
<tr>
<td>Dr. Paul Katz</td>
<td>251 South Bohemia Avenue, Cecilton, MD 21913</td>
<td>410-275-8156</td>
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<tr>
<td>Dr. Nalini Pathiyal</td>
<td>1711 Stonegate Boulevard, Elkton, MD 21921</td>
<td>860-655-4200</td>
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</tr>
</tbody>
</table>

### INPATIENT/ RESIDENTIAL SUBSTANCE ABUSE TREATMENT PROVIDERS

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Insurance</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.F. Whitsitt Center</td>
<td>300 Scheeler Road, Chestertown, MD 21620</td>
<td>410-778-6404</td>
<td>Participating MD Medicaid MCO’s Commercial Insurance</td>
<td>18 years and over</td>
</tr>
<tr>
<td></td>
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<td></td>
<td>Uninsured</td>
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<tr>
<td>Additional Information</td>
<td>Detoxification</td>
<td></td>
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<tr>
<td></td>
<td>Up to 28 Day Stay</td>
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<td></td>
<td>Requires Referral from a Healthcare Professional</td>
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</tr>
<tr>
<td>Bowling Green-Kennett Square</td>
<td>1375 Newark Road, Kennett Square, PA 19348</td>
<td>888-307-6237</td>
<td>Commercial Insurance</td>
<td>18 years and over</td>
</tr>
<tr>
<td><a href="http://www.bowlinggreenbrandywine.crchealth.com">www.bowlinggreenbrandywine.crchealth.com</a></td>
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<tr>
<th>Name</th>
<th>Address</th>
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<th>Insurance</th>
<th>Age Group</th>
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<tr>
<td>Additional Information</td>
<td>Dual Diagnosis Capacity</td>
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<tr>
<td></td>
<td>Pregnant Female Program</td>
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<td></td>
<td>Methadone Detox, Maintenance, &amp; Buprenorphine</td>
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</tbody>
</table>
## Center for Addiction and Pregnancy (CAP)
The Johns Hopkins Bayview Medical Center  
4940 Eastern Avenue, Baltimore, MD 21224  
Phone: 410-550-3020  Fax: 410-550-3027  
For Referrals: 410-550-3066

### Additional Information
CAP offers innovative and comprehensive substance abuse treatment to drug-dependent mothers and their drug-affected infants, including methadone maintenance as an adjunct to treatment. A full range of healthcare services are also available, including psychiatry, pediatrics, obstetrics/gynecology, and family planning.

### Insurance
Participating MD Medicaid MCO’s- (Jai, Amerigroup, MD Physicians’ Choice, Priority Partners, United Health Care)
Commercial Insurance

### Age Group
No Age Restrictions

## Father Martin’s Ashley
800 Tydings Lane, Havre De Grace, MD 21078  
Phone: 800-799-HOPE (4673)  
[www.fathermartinsashley.org](http://www.fathermartinsashley.org)

### Insurance
Commercial Insurance

### Age Group
18 years and over

## Gaudenzia
Multiple Locations in Maryland  
Phone: 410-887-1503  
[www.gaudenzia.org](http://www.gaudenzia.org)

### Insurance
Participating MD Medicaid MCO’s  
Commercial Insurance

### Age Group
18 years and over

## Hudson Health
1506 Harting Drive, Salisbury, MD 21802  
Phone: 888-288-9086  
[www.hudson-health.org](http://www.hudson-health.org)

### Insurance
Participating MD Medicaid MCO’s  
Commercial Insurance

### Age Group
18 years and over

## Kirkwood Detox
3315 Kirkwood Highway, Wilmington, DE 19808  
Phone: 302-691-0140  
[www.net-kdc.org](http://www.net-kdc.org)

### Additional Information
Detoxification Only  
Many insurance companies require on-site evaluation to authorize treatment.

### Insurance
Commercial Insurance

### Age Group
18 years and over
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Website</th>
<th>Insurance</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maryville</td>
<td>1903 Grant Avenue, Williamstown, NJ 08094</td>
<td>856-629-0244</td>
<td><a href="http://www.maryvillenj.org">www.maryvillenj.org</a></td>
<td>Commercial Insurance</td>
<td>18 years and over</td>
</tr>
<tr>
<td>Mirmont</td>
<td>100 Yearsley Mill Road Lima, PA 19063</td>
<td>800-846-466? Or 610-744-1400</td>
<td><a href="http://www.mainlinehealth.org/mirmont">www.mainlinehealth.org/mirmont</a></td>
<td>Commercial Insurance</td>
<td>18 years and over</td>
</tr>
<tr>
<td>Mountian Manor</td>
<td>300 Fredrick Avenue, Baltimore, MD 21229</td>
<td>410-233-1400 or 301-447-2361</td>
<td><a href="http://www.mountianmanor.org">www.mountianmanor.org</a></td>
<td>Participating MD Medicaid MCO’s Commercial Insurance</td>
<td>Adolescents and Adults</td>
</tr>
<tr>
<td>Pathways</td>
<td>2620 Riva Road, Annapolis, MD 21401</td>
<td>800-322-5858 or 410-573-5400</td>
<td><a href="http://www.aahs.org/pathways">www.aahs.org/pathways</a></td>
<td>Commercial Insurance</td>
<td>Adolescents and Adults</td>
</tr>
<tr>
<td>Phoenix Recovery Center</td>
<td>107 Edgewood Road, Edgewood, MD 21040</td>
<td>410-671-7374</td>
<td><a href="http://www.phoenixrecoverycenter.com">www.phoenixrecoverycenter.com</a></td>
<td>Commercial Insurance</td>
<td>18 years and over</td>
</tr>
<tr>
<td>Warwick Manor</td>
<td>3680 Warwick Road, East New Market, MD 21631</td>
<td>410-943-8108</td>
<td><a href="http://www.warwickmanor.org">www.warwickmanor.org</a></td>
<td>Participating MD Medicaid MCO’s Commercial Insurance</td>
<td>18 years and over</td>
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</tbody>
</table>

**Additional Information**
- Dual Diagnosis Capability
# OTHER RESOURCES

<table>
<thead>
<tr>
<th>On Our Own of Cecil County, Inc.</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>170 W. Main Street, Elkton, MD 21921</td>
<td>18 years and over</td>
</tr>
<tr>
<td>Phone: 410-392-4228</td>
<td>Hours of Operation</td>
</tr>
<tr>
<td><a href="http://www.onourownmd.org">www.onourownmd.org</a></td>
<td>Tuesday, Thursday, and Friday-</td>
</tr>
<tr>
<td></td>
<td>11:00 am to 4:00 pm</td>
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<tr>
<td></td>
<td>Wednesday and Saturday-</td>
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<tr>
<td></td>
<td>9:00 am to 4:00 pm: By appt. only</td>
</tr>
</tbody>
</table>

**Description of Services**
The mission of On Our Own of Cecil County, Inc. is to encourage wellness, recovery and respect to all, by empowering individuals with psychiatric disabilities to reach their maximum potential through advocacy and peer support. We serve people who have been diagnosed or think they suffer from addiction or any other psychiatric disorder. We encourage self-help, by providing education, information, and referral to community agencies and services.