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**CECIL COUNTY DRUG AND ALCOHOL ABUSE COUNCIL  
MEETING MINUTES FOR JUNE 12, 2013**

**Meeting Location:** Union Hospital

**In Attendance:** John Bennett, Michael Massuli, Ken Collins, Diana Broomell, Step Mika, Walt Rozanski, Theresa Hampton, Sean Burke, Richette Ragland, Elaine Barclay, Nancy Turner, Tonia McMillan, Daria Brown, Tom Klenk, Gary Hinkle, Matt Barrett, Connie Dausch, Donna Lewis, Morgan Miller, Bob Sears, Shelly Gullede, Jessie Zebold, Jackie Hartman, Sharyn Nesnow, Janis Shields, Jean-Marie Donahoo.

**Call to Order:** Ken Collins called the meeting to order at 3:05 p.m.

**Review of Minutes:** Minutes from the March 13, 2013 meeting were reviewed and approved.

**DISCUSSION TOPICS:**

**Maryland Strategic Prevention Framework (MSPF) - Step Mika**

- The Alcohol and Drug Abuse Administration approved our proposed MSPF implementation budget, and released funding to support efforts to reduce underage drinking.
- During the month of May, five police agencies participated in saturation efforts of target areas. Nineteen citations were written for underage consumption.
- The Cecil County Liquor Board, with support of the MSPF, initiated additional inspections of licensed facilities to ensure compliance with laws prohibiting the sale of alcohol to minors. During the compliance checks, 30 of the 70 establishments sold alcohol to underage individuals.
- MSPF sponsored two prevention message billboards. The billboard were designed by Cecil County adolescents from the alternative school. A related article appeared in a recent edition of the Whig.

**Overdose Prevention Planning - Kenneth Collins**

- The components of overdose prevention plan were previously shared with DAAC members by e-mail, and re-distributed during the meeting.
- The plan included increased public awareness and education, the promotion of medication take back events and Maryland Prescription Drug Monitoring Program, increased screening and referral for substance abuse treatment, distribution of emergency overdose response kits with Naloxone, and the development of a local overdose fatality review team.
- Feedback and suggestions encouraged.
- Members discussed the potential use of Naloxone, an inter-nasal medicine which can rapidly reverse the overdose of prescription and illicit opioids. The medication has been used for many years in emergency departments and in ambulances by trained medical professionals.
- Concern expressed that Naloxone distribution within the community might lead to increased drug use.
- The health department would provide training and certification of individuals on the administration of Naloxone.
- Support for the overdose plan and the use of Narcan (conditional to the structured training) was verbalized.

### **Survey of all Funds Used in Cecil County for Alcohol and Drug Abuse Evaluation, Prevention and Treatment for FY14-FY16 - Kenneth Collins**

- Council discussed the FY2014 Matrix for Cecil County Alcohol and Drug Council Local Survey of Resources. The matrix is expected to include all local resources, private and public, available in Cecil County for alcohol and drug prevention, intervention and treatment.
- Council members recommended the addition of Serenity Health as a resource.
- Additional related information or suggestions for changes should be forwarded to Ken.

### **Plans, Strategies and Priorities for Meeting the Identified Needs of the General Public and the Criminal Justice System for Alcohol and Drug Abuse Evaluation, Prevention, and Treatment for FY14-FY16 - Kenneth Collins**

- Council discussed the FY2014 Cecil County Strategic Plan. The plan is intended to guide improvement of current services and document the need for new services. The plan should incorporate the input and resources of multiple agencies, all of which have an investment in reducing substance abuse and its consequences.
- Discussed the potential embedding of overdose prevention goals.
- Additional suggestions may be forwarded to Ken.
- A deadline for the submission of the survey and plan was not identified, but we plan to complete the information during the summer. We will share with DAAC members before forwarding to the Alcohol and Drug Abuse Administration.
- John noted that several other jurisdictions do not participate in the survey and plan development.

### **FOR THE GOOD OF THE CAUSE (ANNOUNCEMENTS):**

#### **Mike Massuli –Cecil County Health Department, Alcohol and Drug Recovery Center,**

- Peer Recovery Advocates from the Division continue to connect with patients in Union Hospital Emergency Department (ED) and psychiatric unit. We recognize, based on national data from Drug Abuse Warning Network, that about one-half of emergency room visits are attributed to drug misuse or abuse. The Division continues to work with Union hospital staff to develop tools, resources, and processes which will help identify and connect as significant number of ED patients with substance abuse treatment and recovery-based services.

#### **Ken Collins -Cecil County Health Department, Alcohol and Drug Recovery Center**

- The Division recently initiated pet-assisted therapy. The new program incorporates a Golden Retriever into select group and individual counseling sessions. Pet therapy enabled the therapist to be viewed as less threatening, and the treatment environment less intimidating. Many visitors and staff smiled and appeared calmer after seeing and/or interacting with the pet.

#### **Tom Klenk - Cecil County Adult Drug Treatment Court**

- There has been a recent change in Drug Court policy. Drug Court will no longer be accepting clients who are on methadone.

#### **Morgan Miller:**

- It's time for summer vacation for teens and parents. All libraries offer programs and activities specific for teens. Its gives a safe place for kids to be. The library even offers help with school while they are on vacation.

#### **Elaine Barclay - Haven House and Serenity Health**

- The 3rd Annual 12-Step Recovery Walk will be held on Saturday, September 28, 2013. The walk begins at Cecil County Circuit Court and weaves through the city of Elkton. It's free and open to the public. You do not need to be in recovery to walk! Anyone who wishes to show support of the recovery community is welcome. Additional information will be shared during the summer.

#### **Daria Brown - Serenity Health**

- Serenity Health is hosting AA meetings every Tuesday at 7pm.

**Nancy Turner- Serenity Health**

- Nancy introduced Sharyn Nesnow of Community Mediation Upper Shore, a conflict resolution program serving Cecil, Kent and Queen Anne's counties. Nancy is a volunteer for Community Mediation Upper Shore, and was recently recognized as "Community Mediator of the Year."

**Sharyn Nesnow – Community Mediation, Upper shore**

- Sharyn described her seven years of experience as a volunteer for Community Mediation. The program trains community members who reflect the community diversity with regard to age, race, gender, ethnicity, income and education to serve as volunteer mediators. The program also provides mediation and conflict resolution services at no cost or on a sliding scale. The organization holds mediations in communities where disputes occur. Mediations are scheduled at a time and place convenient to the participants. Volunteers from the organization mediate community-based disputes that come from diverse referral sources, such as community organizations, police, faith-based institutions, courts, community members, government agencies, and the Center's outreach activities. They maintain high quality mediations by providing intensive, skills-based training, apprenticeships, continuing education and ongoing evaluation of volunteer mediators.

**Jackie Hartman – Cecil County Health Department, Health Promotions**

- Health Promotions is facilitating substance abuse prevention activities at Safe Kids Camp at the Elkton and Perryville YMCA locations for four weeks in July.

**Sean Burke – Alcohol and Drug Recovery Center, Cecil County Health Depart.**

- Announced an upcoming job fair / hiring event.
- Reported that the Workforce Center discontinued the distribution of job postings.

**Jessie Zebold – Alcohol and Drug Recovery Center, Cecil County Health Department**

- Spoke regarding the WISH program staff at DSS. WISH is the job assistance program that replaced Job Start.

**Bob Sears- CRS Health**

- Reported on the expanded number of bed within CRC Health. Bowling Green added a new building with an additional 46 beds; 36 of the new beds are dedicated to detoxification.

**Diana Broomell-Cecil County Government**

- Heroin Hurts presentations by Marie Allen from New Castle County, Delaware, have been well received. A presentation was provided to Rising Sun High School. Marie is available for additional presentations at all Cecil County schools at no cost.
- A local gas station is selling Spice, a synthetic marijuana. Prior public demonstrations in front of the gas station by parents was effective for a short time. Suggested the potential for future additional public demonstrations. Nancy Turner suggested the potential use of mediation process with the store owner.
- Suggested that the DAAC meetings be taped and shown on a public access channel.

**Tricia Jones- Dexter House**

- Dexter House is a recovery house in North East. The program received significant donations of furniture and materials, as well as a large number of hours of volunteer labor. The open house was successful with a very positive attendance. However, the program's occupancy permit was delayed. Tricia continues efforts to resolve.

Next Meeting: September 11, 2013

Adjourned: 4:30 pm

Submitted by Alicia O'Connor