



## CECIL COUNTY ALCOHOL AND DRUG COUNCIL

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401 Bow Street

Elkton, MD 21921

Phone (410) 996-5106

Fax (410) 996-5707

### CECIL COUNTY ALCOHOL AND DRUG COUNCIL MEETING

September 12, 2012

**Meeting Location:** Serenity Health, 203 W Pulaski Hwy, Elkton

**In Attendance:** Donna Runkles, Michael Massuli, Kenneth Collins, Tonia McMillan, Jack Foreaker, Dorothyanne LeFore, Rebecca Larson, Douglas Moore, Joseph Zurolo, Ken Russell, Becky Arbogast, Morgan Miller, Daria Brown, Robin Waddell, Jenny Shields, Beth Creek, Theresa Hampton, Jean Marie Donahoo, Richette Ragland, Tyra Kenly, Elaine Barclay, Jen Padgett, Tom Klenk, Donna Lewis, Diana Broomell, Gary Hinkle, Nancy Turner, Lawrence Waldrige, Alicia O'Connor

**Call to Order:** Kenneth Collins called the meeting to order at 3:00 PM

**Review of Minutes:** Minutes from the June 13, 2012 meeting were reviewed and approved.

#### **INTRODUCTION:**

- Tonia McMillan welcomed the Council to Serenity Health's new facility and offered building tours at the conclusion of the meeting. She announced the services offered by Serenity Health including evaluation, individual and group counseling. New patient admissions are usually scheduled for Tuesdays and Thursdays from 4:45 a.m. to 12:45 p.m. Additional information is available at SerenityHealth.net, and on Facebook.

#### **DISCUSSION TOPICS:**

##### **Proclamation for September as Recovery Month in Cecil County – Kenneth Collins**

- Appreciation extended to the Cecil County Commissioners for the proclamation recognizing September as Addictions Recovery Month. The proclamation was signed during a public meeting of the Cecil County Board of Health on September 4, 2012.

##### **Cecil County 5K-Twelve Step Recovery Walk - Elaine Barclay**

- Requested additional help promoting the recovery walk scheduled for Saturday, September 29, 2012, at Cecil County Circuit Court, 129 East Main Street, Elkton, Maryland. The event is family friendly with face-painting (by Serenity Health) and a puppet show (by Haven House). Announced the continued availability of display/informational tables for all interested groups and programs. Encouraged all Council participants to support substance abuse prevention, treatment and recovery by attending the event. The first one-hundred registrants will receive recovery month T-shirts.

##### **Health Improvement Plan, Cecil County Community Health Advisory Committee - Robin Waddell**

- Informed Council on progress toward the Local Health Improvement Plan. Four proposals were received from prospective consultants to complete an independent and comprehensive review of substance abuse in Cecil County. One of the four applicants will be selected in late October.

## **Maryland Strategic Prevention Framework (MSPF) – Jen Padgett**

- Making progress with the coalition driven MSPF grant. Application for additional funding submitted to the Maryland Alcohol and Drug Abuse Administration (ADAA) for review. Coalition awaiting a response. The next MSPF coalition meeting will be held on October 5, 2012 in the Perryville Room of the Cecil County Public Library.

## **FOR THE GOOD OF THE CAUSE (ANNOUNCEMENTS):**

### **Nancy Turner – Serenity Health**

- Serenity Health is incorporating Zumba in to their program.

### **Jack Foreaker – Haven House**

- Haven House residents and staff traveled to New York to view the 9/11 Memorial, and to Wilmington, Delaware to view a film on Alcoholic Anonymous and Bill W.
- Haven House incorporated Smoking Prevention into group drug and alcohol treatment.
- Announced the upcoming Fall Festival, the Elkton Town Parade and the Alcoholic Anonymous Bonfire.
- Haven House received positive feedback during a recent peer review.

### **Elaine Barclay – Haven House**

- All clients in the inpatient facility were certified in CPR.
- Accepted a position to the Board of Directors for On Our Own of Cecil County. On Our Own recently started support group for those suffering from depression.

### **Jen Padgett – Division of Health Promotions, Cecil County Health Department**

- Addiction prevention services will be expanding into all aspects of wellness.
- Maryland [Department of Health and Mental Hygiene] is looking into merging mental health and alcohol & drug abuse administrations into one behavioral health administration.

### **Mike Massuli – Alcohol and Drug Recovery Center, Cecil County Health Department**

- Dottie LeFore is presently facilitating a Family Education group.
- Douglas Moore is providing screenings at Community Supervision of Maryland.
- Recovery coaches have given the groups a boost.

### **Becky Arbogast – Upper Bay**

- Continuing to work on co-occurring disorders.
- Upper Bay will continue to sponsor/host CEU trainings for Social Workers and Counselors.

### **Donna Runkles – Alcohol and Drug Recovery Center, Cecil County Health Department**

- Spoke about the positive feedback she continues to receive from her clients about the Peer Recovery Advocates. Donna stated that the Advocate's contributions have significantly enhanced the treatment program.

### **Morgan Miller – Cecil County Public Library**

- Working with local Police Departments on the National Prescription Drug Take Back Program on September 29, 2012. Some Local police departments are holding the events in the library's public meeting room spaces.
- The Public Library is now on the Elkton bus line.
- The Public Library offers community information services and referrals. Additionally, a broad scope of services and programs for teens after school are available, (not to mention a safe place to go) that serve as constructive alternatives to dangerous behaviors like drug and alcohol abuse.

### **Tonya McMillan - Serenity Health**

- Encouraged all Cecil County Alcohol and Drug Council members to attend the 5K-Twelve Step Recovery Walk.

**Commissioner Diana Broomell – Cecil County Government**

- Discussed plans for upcoming Community Forum at Rising Sun High School.
- A representative [Carl Robertson] from Maryland Center for Excellence recently met with the County Commissioners for a discussion on problem gambling prevention and treatment.

**Daria Brown – Serenity Health**

- Discussed the role of the Fire Department for educating children within Cecil County schools.

**Donna Lewis – Community Supervision**

- Extended appreciation to Doug Moore of the Health Department for his efforts at Community Supervision. He continues to provide alcohol and drug screenings on-site at Community Services.

**Tom Plank – Public Defender’s Office**

- Has seen an increase in the heroin case load.
- Identified an opportunity/need for funding from County Government for the Cecil County Adult Drug Treatment Court

**Gary Hinkle - Adult Drug Treatment Court**

- Within the next year the Adult Drug Treatment Court would like to have 100 people enrolled in the program. The program is currently at 54.
- Participants are presently being urine drug screened three times per week.
- Wants to know how the Health Department and other treatment agencies are dealing with the designer drug issue. Discussion followed.

**Ken Russell – Sheriff’s Department Drug Task Force**

- There has been an increase in heroin use due to a decrease in oxycontin and oxycodone

**Lieutenant Zurolo – Elkton Police Department**

- Heroin is a major problem and it has far surpassed the prescription drug problem in Cecil County

**Robin Waddell – Cecil County Health Department**

- Expressed recognition and appreciation to the members of the Council for their efforts. The Council is making an impact.

**Beth Creek – Project Crossroad**

- They have also seen an increase in heroin.
- Project Crossroad is celebrating their two year anniversary and will host an Open House on September 27th and September 28<sup>th</sup>.

**Jean-Marie Donahoo – Union Hospital of Cecil County**

- Ms. Donahoo extended an apology to the Cecil County Health Department in regard to an article in the Cecil Whig where she said she was misquoted.

**Next Meeting: Cecil County Health Department at 3:00 p.m. on December 12, 2012**

**Adjourn**

Submitted by Alicia O’Connor